Kirishima's blessings

TANAKA SHIITAKE



What is "matured frozen shiitake mushrooms" of Tanaka shiitake?



from the refrigerator. Similarly to uncooked shiitake mushrooms, it is extravagant to eat as fried or charcoal grilled, or it is added to the stew, pod dish, stir-fries, etc. Defrosting and cooking method

matured frozen shiitake mushrooms after 5 minutes remove

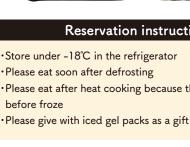
refrigerator, and let nature do the defrosting. It becomes freezing half after 5 minutes, and

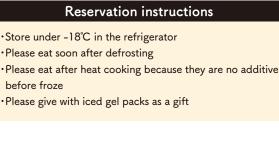
Remove the frozen shiitake mushrooms from

minutes. 3 After that, they are used for a range of dishes.

knife goes in. If it is harder, let sit for 5 more

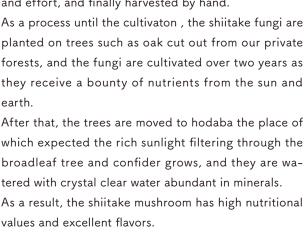








Shiitake steak with full volume





side.

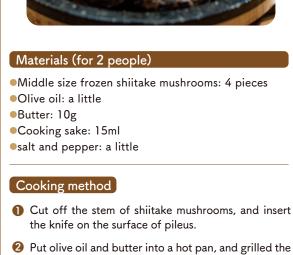




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surface of the shiitake mushrooms for 3 minutes. Turn it over and sprinkle with salt, brown the other

4 Add cooking sake or red wine to the pan, cover, lid

6 Finally, cooking is completed with some vegetables

and bake about 5~10 minutes.

such as carrots or asparaguses.



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